

Get involved



- **Examination process**
- Every five years a United Nations Committee of children's rights experts (the 'CRC Committee') asks the UK government to tell them how it has been respecting and protecting children's rights. This is known as the 'examination process'. Check out our **How it Works Factsheet**.

Is the Government doing enough?

1. Tell your friends

It sounds simple but it's an important first step. Use our online hub to find out more about the CRC, and then spread the word! Once you and your friends know more about the CRC you can chat about this and decide what you think the important issues are for young people and what the government should be doing to protect your rights.



The UK Government writes a report telling the Committee what it has been doing to protect children's rights. Charities (or non-governmental organisations), the Children's Commissioners and the Equality and Human Rights Commission will tell the Committee how well they think the governments are doing at protecting children's rights.

The Committee will recommend things the government should do to improve children's rights. You can get involved in this! It's really important that information about young people's rights is shared with the Committee. **Here are 5 ways you can get involved:**



2. Get your youth service involved

Charities and community groups supporting young people can have an important job in telling the Committee how the government is doing on children's rights because they are often working directly with young people.

They can also help you get involved, for example by seeking your views for their reports to the Committee (check out the **How it Works** and **Who's Who** Factsheets). Speak to your youth worker about getting involved, check out Factsheets and information and ideas on our Resources Page on the online hub.

3. Get involved with a youth council

Youth councils are one of the main ways to share information about what is important to young people and to communicate this to decision makers. You could become a youth councillor or a member of a UK youth parliament and play an important role in telling the CRC Committee what young people think.

For more information see the British Youth Council www.byc.org.uk

Are our rights being respected?

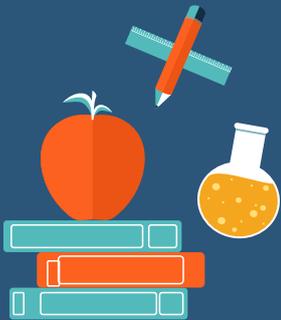


4. Use social media

Social media is a great way to get involved. Lots of organisations who write reports for the CRC Committee use social media like Twitter and Facebook. You can get in touch with organisations on social media for updates on their work and how you can get involved.



5. Get your school or college involved



What is your school doing to let young people know about their rights? Talk to your teacher to find out if there are ways you can promote information about children's rights.

You could:

- Write an article for your school paper, website or noticeboards about the CRC and getting involved.
- Help with a lesson plan or assembly.
- Discuss the CRC and getting involved at school council or lunchtime and afterschool clubs.



If you and your teachers need ideas check out the hub More Info Page.

Children's Commissioners

send a report on children's rights to the CRC Committee. You can keep up to date with what they are doing via @ChildrensComm (England), @childcomwales (Wales), @RightsSCCYP (Scotland) and @nichildcom (Northern Ireland).

The Equality and Human Rights Commission

send a report on children's rights to the CRC Committee. You can keep up to date with what they are doing via twitter (@EHRC) and Facebook.